



It is very important for your own health and safety that you complete all questions fully and truthfully. In the event of a medical emergency, the information you have provided could be crucial. The more information Arctic Kingdom has, the more we may assist you in the unlikely event of an emergency.

Name:

EMERGENCY CONTACT

Name:

Phone Number:

MEDICAL INSURANCE

Insurance Company:

FAMILY PHYSICIAN

Phone Number:

Physician Name:

Policy Name:

Clinic/Hospital:

Policy Number:

Phone Number:

Expiry:

I have acquired **mandatory emergency evacuation coverage**  
(please attach proof of coverage):

YES  NO

## QUESTIONNAIRE:

Please answer the following questions on your past and present medical history.

Have you ever had or do you currently have:

- YES  NO Asthma, respiratory problems, or wheezing with breathing or exercise?
- YES  NO If so, is the asthma well controlled with an inhaler?
- YES  NO Gastrointestinal disturbances, including a colostomy or ileostomy?
- YES  NO Diabetes?
- YES  NO Is it controlled by diet?
- YES  NO Is it controlled by medication?
- YES  NO Bleeding, DVT (deep vein thrombosis) or blood disorders?
- YES  NO Hepatitis or other liver disease?
- YES  NO Neurological problems, epilepsy or seizures?
- YES  NO Dizziness or fainting episodes?
- YES  NO Migraines?
- YES  NO Disorders of the urinary or reproductive tract?
- YES  NO Cardiac problems, such as heart disease, angina, heart attack and stroke? Unexplained chest pain? Previous surgery?
- YES  NO Family history or cardiac problems?
- YES  NO High blood pressure?
- YES  NO High cholesterol?
- YES  NO Joint problems?
- YES  NO Head injury with loss of consciousness in the past five years?
- YES  NO Frequent colds, sinusitis or bronchitis?
- YES  NO Any form of lung disease?
- YES  NO Pneumothorax (collapsed lung)?
- YES  NO Other chest disease or chest surgery?
- YES  NO Behavioral health, mental or psychological issues (Panic attack, fear of closed or open spaces)?
- YES  NO Frequent or severe suffering from motion sickness (seasick, carsick, etc.)?
- YES  NO Any dive accidents or decompression sickness?
- YES  NO Ear disease or surgery, hearing loss or problems with balance?
- YES  NO Recurrent ear problems?
- YES  NO Ulcers or ulcer surgery?
- YES  NO Hernia?
- YES  NO Sinus surgery?



YES  NO Recreational drug use or treatment for, or alcoholism in the past five years?

YES  NO Could you be pregnant, or are you attempting to become pregnant?

YES  NO Do you currently smoke a pipe, cigars or cigarettes?

What is your blood type? \_\_\_\_\_

During the last five years, have you suffered any significant illness, been hospitalized or required regular care by a doctor? If yes, please indicate the reason.

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Do you have any physical limitations, either from musculoskeletal injuries/fractures or other source, that affect your mobility or ability to take part in certain activities? For example, bad back, history of sprained ankles, knee surgery, etc. This is not intended to limit your activity, but to provide awareness to our staff. If yes, please provide details.

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Do you have any mental and/or physical disease, illness, disability or medical condition that affects your ability to take part in certain activities? This is not intended to limit your activity, but to provide awareness to our staff. If yes, please provide details.

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What medications are you currently taking?

Medication	Dose	Side effects or restrictions	For what condition

If you require additional space or have any medical documentation you wish to include, please attach and submit.

The information I have provided about my medical history is accurate to the best of my knowledge. I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health conditions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parents and/or legal guardians must sign for participants under the age of 18.